

**Polar Bear Masters Spring Meet - 5/16/2009****Results****Event 1 Women 30-34 500 Yard Freestyle**

Name	Age	Team	Finals Time			
1 Carney, Carrie	34	Maine Masters Swim Club-ME	7:16.21			
	40.26	1:22.99 (42.73)	2:06.87 (43.88)	2:51.04 (44.17)		
	3:35.48 (44.44)	4:19.37 (43.89)	5:03.38 (44.01)	5:48.07 (44.69)		
	6:32.91 (44.84)	7:16.21 (43.30)				

**Event 1 Women 35-39 500 Yard Freestyle**

1 Perez-Smith, Alina	38	Maine Masters Swim Club-ME	6:10.58			
	31.30	1:05.94 (34.64)	1:42.15 (36.21)	2:19.88 (37.73)		
	2:58.41 (38.53)	3:37.31 (38.90)	4:16.90 (39.59)	4:56.33 (39.43)		
	5:33.96 (37.63)	6:10.58 (36.62)				

**Event 1 Women 45-49 500 Yard Freestyle**

1 Torrey, Pam	47	Maine Masters Swim Club-ME	6:02.67			
	33.65	1:09.77 (36.12)	1:46.58 (36.81)	2:23.59 (37.01)		
	3:00.66 (37.07)	3:36.76 (36.10)	4:12.86 (36.10)	4:49.71 (36.85)		
	5:26.88 (37.17)	6:02.67 (35.79)				

**Event 1 Women 70-74 500 Yard Freestyle**

1 Ambrose, Petey	71	Maine Masters Swim Club-ME	8:58.76			
	50.73	1:44.92 (54.19)	2:40.31 (55.39)	3:33.89 (53.58)		
	4:28.62 (54.73)	5:22.07 (53.45)	6:16.46 (54.39)	7:10.38 (53.92)		
	8:04.98 (54.60)	8:58.76 (53.78)				

**Event 1 Women 75-79 500 Yard Freestyle**

1 Kamphausen, Ronnie	75	Maine Masters Swim Club-ME	7:32.58			
	41.96	1:26.75 (44.79)	2:12.75 (46.00)	2:58.55 (45.80)		
	3:44.71 (46.16)	4:30.31 (45.60)	5:16.43 (46.12)	6:02.44 (46.01)		
	6:48.47 (46.03)	7:32.58 (44.11)				

**Event 1 Men 40-44 500 Yard Freestyle**

1 Manhart, Sam	40	Maine Masters Swim Club-ME	5:03.61			
	26.17	55.36 (29.19)	1:25.37 (30.01)	1:55.75 (30.38)		
	2:26.45 (30.70)	2:57.93 (31.48)	3:29.19 (31.26)	4:00.85 (31.66)		
	4:32.63 (31.78)	5:03.61 (30.98)				

**Event 1 Men 70-74 500 Yard Freestyle**

1 Giustra, Peter	70	Maine Masters Swim Club-ME	7:43.43			
	38.65	1:25.39 (46.74)	2:14.03 (48.64)	3:02.15 (48.12)		
	3:48.84 (46.69)	4:37.41 (48.57)	5:26.26 (48.85)	6:13.36 (47.10)		
	6:59.81 (46.45)	7:43.43 (43.62)				

**Event 1 Men 75-79 500 Yard Freestyle**

1 Packard, Peter	76	Maine Masters Swim Club-ME	11:19.57			
	1:03.94	2:14.92 (1:10.98)	3:28.98 (1:14.06)	4:37.77 (1:08.79)		
	5:49.04 (1:11.27)	7:00.75 (1:11.71)	8:11.08 (1:10.33)	8:32.02 (20.94)		
	10:11.32 (1:39.30)	11:19.57 (1:08.25)				

**Event 2 Women 60-64 100 Yard Breaststroke**

1 Panayotoff, Kristina	60	Maine Masters Swim Club-ME	1:47.54			
	50.99	1:47.54 (56.55)				

**Event 2 Men 45-49 100 Yard Breaststroke**

1 Lin, Arthur	47	Maine Masters Swim Club-ME	1:23.02			
	39.30	1:23.02 (43.72)				

**Event 2 Men 50-54 100 Yard Breaststroke**

1 Park, Aaron	50	Maine Masters Swim Club-ME	1:17.79			
	36.77	1:17.79 (41.02)				

**Polar Bear Masters Spring Meet - 5/16/2009****Results****Event 2 Men 55-59 100 Yard Breaststroke**

1	Bright, Dave	56	New England Masters-NE	1:21.57
	38.59	1:21.57 (42.98)		
2	Johnston, Bob	57	Maine Masters Swim Club-ME	1:22.07
	39.38	1:22.07 (42.69)		

**Event 2 Men 65-69 100 Yard Breaststroke**

1	Pierce, Fred	65	Maine Masters Swim Club-ME	1:27.85
	40.31	1:27.85 (47.54)		

**Event 2 Men 75-79 100 Yard Breaststroke**

1	Packard, Peter	76	Maine Masters Swim Club-ME	2:20.39
	1:07.12	2:20.39 (1:13.27)		

**Event 3 Women 18-24 200 Yard Backstroke**

1	Von Zirpolo, Shannon	23	Great Bay Masters-NE	2:36.29
	35.84	1:15.51 (39.67)	1:56.63 (41.12)	2:36.29 (39.66)

**Event 3 Women 35-39 200 Yard Backstroke**

1	Perez-Smith, Alina	38	Maine Masters Swim Club-ME	2:42.41
	38.34	1:19.20 (40.86)	2:01.46 (42.26)	2:42.41 (40.95)

**Event 3 Women 45-49 200 Yard Backstroke**

1	Uecker, Anne	48	Maine Masters Swim Club-ME	2:36.08
	35.64	1:14.01 (38.37)	1:54.73 (40.72)	2:36.08 (41.35)
2	Torrey, Pam	47	Maine Masters Swim Club-ME	2:37.50
	38.43	1:18.20 (39.77)	1:57.93 (39.73)	2:37.50 (39.57)
3	Jansen, Brooke	48	Maine Masters Swim Club-ME	2:51.64
	41.40	1:24.23 (42.83)	2:07.99 (43.76)	2:51.64 (43.65)

**Event 3 Men 35-39 200 Yard Backstroke**

1	Sprenger, Kurt	39	Shenandoah-VA	2:04.71
	28.39	58.71 (30.32)	1:30.77 (32.06)	2:04.71 (33.94)

**Event 3 Men 45-49 200 Yard Backstroke**

1	Karb, Tom	48	North Bay Aquatics-PC	2:14.05
	31.61	1:05.01 (33.40)	1:39.84 (34.83)	2:14.05 (34.21)

**Event 3 Men 50-54 200 Yard Backstroke**

1	Davis, Guy	50	Great Bay Masters-NE	2:20.19
	32.46	1:08.75 (36.29)	1:45.19 (36.44)	2:20.19 (35.00)

**Event 3 Men 75-79 200 Yard Backstroke**

1	Packard, Peter	76	Maine Masters Swim Club-ME	4:50.20
	1:03.61	2:15.55 (1:11.94)	3:31.72 (1:16.17)	4:50.20 (1:18.48)

**Event 4 Women 45-49 50 Yard Freestyle**

1	Estabrook, Mary	47	Maine Masters Swim Club-ME	27.18
2	Waters, Amy	47	Great Bay Masters-NE	30.33
3	Jansen, Brooke	48	Maine Masters Swim Club-ME	32.22

**Event 4 Women 55-59 50 Yard Freestyle**

1	Sherwood, Kelly	55	Maine Masters Swim Club-ME	41.62
---	-----------------	----	----------------------------	-------

**Event 4 Women 70-74 50 Yard Freestyle**

1	Ambrose, Petey	71	Maine Masters Swim Club-ME	41.53
---	----------------	----	----------------------------	-------

**Event 4 Women 75-79 50 Yard Freestyle**

1	Kamphausen, Ronnie	75	Maine Masters Swim Club-ME	37.62
---	--------------------	----	----------------------------	-------

**Polar Bear Masters Spring Meet - 5/16/2009****Results****Event 4 Men 25-29 50 Yard Freestyle**

1	Nguyen, Son	29	Maine Masters Swim Club-ME	25.21
---	-------------	----	----------------------------	-------

**Event 4 Men 45-49 50 Yard Freestyle**

1	White, Darwin	45	Great Bay Masters-NE	24.78
2	Lin, Arthur	47	Maine Masters Swim Club-ME	34.85

**Event 4 Men 50-54 50 Yard Freestyle**

1	Davis, Guy	50	Great Bay Masters-NE	24.48
2	Park, Aaron	50	Maine Masters Swim Club-ME	33.68

**Event 4 Men 65-69 50 Yard Freestyle**

1	Pierce, Fred	65	Maine Masters Swim Club-ME	30.75
---	--------------	----	----------------------------	-------

**Event 4 Men 75-79 50 Yard Freestyle**

1	Ernest, Gene	77	Maine Masters Swim Club-ME	41.25
---	--------------	----	----------------------------	-------

**Event 5 Women 35-39 200 Yard IM**

1	Perez-Smith, Alina	38	Maine Masters Swim Club-ME	2:44.29
	32.15	1:14.93 (42.78)	2:07.67 (52.74)	2:44.29 (36.62)

**Event 5 Men 55-59 200 Yard IM**

1	Johnston, Bob	57	Maine Masters Swim Club-ME	2:39.71
	34.62	1:16.66 (42.04)	2:02.52 (45.86)	2:39.71 (37.19)

**Event 5 Men 75-79 200 Yard IM**

---	Packard, Peter	76	Maine Masters Swim Club-ME	DQ
	1:17.16	2:39.04 (1:21.88)	4:04.33 (1:25.29)	DQ (1:06.55)

**Event 6 Women 35-39 50 Yard Breaststroke**

1	Perez-Smith, Alina	38	Maine Masters Swim Club-ME	42.72
---	--------------------	----	----------------------------	-------

**Event 6 Women 45-49 50 Yard Breaststroke**

1	Waters, Amy	47	Great Bay Masters-NE	41.02
---	-------------	----	----------------------	-------

**Event 6 Women 60-64 50 Yard Breaststroke**

1	Panayotoff, Kristina	60	Maine Masters Swim Club-ME	50.63
---	----------------------	----	----------------------------	-------

**Event 6 Men 25-29 50 Yard Breaststroke**

1	Nguyen, Son	29	Maine Masters Swim Club-ME	30.54
---	-------------	----	----------------------------	-------

**Event 6 Men 45-49 50 Yard Breaststroke**

1	Lin, Arthur	47	Maine Masters Swim Club-ME	37.64
---	-------------	----	----------------------------	-------

**Event 6 Men 50-54 50 Yard Breaststroke**

1	Park, Aaron	50	Maine Masters Swim Club-ME	36.14
---	-------------	----	----------------------------	-------

**Event 6 Men 65-69 50 Yard Breaststroke**

1	Pierce, Fred	65	Maine Masters Swim Club-ME	41.03
---	--------------	----	----------------------------	-------

**Event 6 Men 75-79 50 Yard Breaststroke**

1	Ernest, Gene	77	Maine Masters Swim Club-ME	59.23
---	--------------	----	----------------------------	-------

**Event 7 Women 45-49 100 Yard Butterfly**

1	Uecker, Anne	48	Maine Masters Swim Club-ME	1:08.71
	31.82	1:08.71 (36.89)		
2	Estabrook, Mary	47	Maine Masters Swim Club-ME	1:10.44
	31.54	1:10.44 (38.90)		

**Polar Bear Masters Spring Meet - 5/16/2009****Results****Event 7 Women 55-59 100 Yard Butterfly**

1	Sherwood, Kelly	55	Maine Masters Swim Club-ME	1:49.05
	51.80		1:49.05 (57.25)	

**Event 7 Men 45-49 100 Yard Butterfly**

1	White, Darwin	45	Great Bay Masters-NE	1:01.32
	28.14		1:01.32 (33.18)	

**Event 7 Men 55-59 100 Yard Butterfly**

1	Bright, Dave	56	New England Masters-NE	1:08.38
	32.66		1:08.38 (35.72)	
2	Johnston, Bob	57	Maine Masters Swim Club-ME	1:12.38
	35.22		1:12.38 (37.16)	

**Event 8 Women 18-24 50 Yard Backstroke**

1	Von Zirpolo, Shannon	23	Great Bay Masters-NE	33.72
---	----------------------	----	----------------------	-------

**Event 8 Women 60-64 50 Yard Backstroke**

1	Panayotoff, Kristina	60	Maine Masters Swim Club-ME	48.69
---	----------------------	----	----------------------------	-------

**Event 8 Women 70-74 50 Yard Backstroke**

1	Ambrose, Petey	71	Maine Masters Swim Club-ME	51.42
---	----------------	----	----------------------------	-------

**Event 8 Men 25-29 50 Yard Backstroke**

1	Nguyen, Son	29	Maine Masters Swim Club-ME	32.38
---	-------------	----	----------------------------	-------

**Event 8 Men 40-44 50 Yard Backstroke**

1	Manhart, Sam	40	Maine Masters Swim Club-ME	27.49
---	--------------	----	----------------------------	-------

**Event 8 Men 45-49 50 Yard Backstroke**

1	Karb, Tom	48	North Bay Aquatics-PC	29.41
---	-----------	----	-----------------------	-------

**Event 8 Men 75-79 50 Yard Backstroke**

1	Ernest, Gene	77	Maine Masters Swim Club-ME	1:03.57
---	--------------	----	----------------------------	---------

**Event 9 Women 30-34 100 Yard Freestyle**

1	Carney, Carrie	34	Maine Masters Swim Club-ME	1:14.32
	35.60		1:14.32 (38.72)	

**Event 9 Women 45-49 100 Yard Freestyle**

1	Estabrook, Mary	47	Maine Masters Swim Club-ME	1:06.17
	31.70		1:06.17 (34.47)	
2	Waters, Amy	47	Great Bay Masters-NE	1:07.57
	31.93		1:07.57 (35.64)	
3	Jansen, Brooke	48	Maine Masters Swim Club-ME	1:11.13
	34.37		1:11.13 (36.76)	

**Event 9 Women 70-74 100 Yard Freestyle**

1	Ambrose, Petey	71	Maine Masters Swim Club-ME	1:37.90
	48.47		1:37.90 (49.43)	

**Event 9 Women 75-79 100 Yard Freestyle**

1	Kamphausen, Ronnie	75	Maine Masters Swim Club-ME	1:23.10
	40.64		1:23.10 (42.46)	

**Event 9 Men 35-39 100 Yard Freestyle**

1	Sprenger, Kurt	39	Shenandoah-VA	52.19
	24.81		52.19 (27.38)	

**Polar Bear Masters Spring Meet - 5/16/2009****Results****Event 9 Men 45-49 100 Yard Freestyle**

1	White, Darwin	45	Great Bay Masters-NE	53.87
	26.08	53.87	(27.79)	

**Event 9 Men 50-54 100 Yard Freestyle**

1	Park, Aaron	50	Maine Masters Swim Club-ME	1:13.46
	35.29	1:13.46	(38.17)	

**Event 9 Men 65-69 100 Yard Freestyle**

1	Pierce, Fred	65	Maine Masters Swim Club-ME	1:09.25
	33.55	1:09.25	(35.70)	

**Event 10 Women 30-34 200 Yard Fly, Breast or Free**

1	Carney, Carrie	34	Maine Masters Swim Club-ME	2:51.14
	39.58	1:22.55	(42.97) 2:06.65 (44.10) 2:51.14 (44.49)	

**Event 10 Women 45-49 200 Yard Fly, Breast or Free**

1	Estabrook, Mary	47	Maine Masters Swim Club-ME	2:23.06
	32.19	1:08.44	(36.25) 1:46.82 (38.38) 2:23.06 (36.24)	
2	Jansen, Brooke	48	Maine Masters Swim Club-ME	2:33.23
	35.81	1:14.20	(38.39) 1:53.63 (39.43) 2:33.23 (39.60)	
3	Uecker, Anne	48	Maine Masters Swim Club-ME	2:39.32
	37.85	1:17.63	(39.78) 1:58.75 (41.12) 2:39.32 (40.57)	

**Event 10 Women 60-64 200 Yard Fly, Breast or Free**

---	Panayotoff, Kristina	60	Maine Masters Swim Club-ME	DQ
	50.23	1:49.08	(58.85) DQ (1:24.38)	

**Event 10 Men 45-49 200 Yard Fly, Breast or Free**

1	White, Darwin	45	Great Bay Masters-NE	2:17.59
	31.02	1:06.48	(35.46) 1:42.69 (36.21) 2:17.59 (34.90)	
2	Lin, Arthur	47	Maine Masters Swim Club-ME	3:10.26
	40.71	1:27.40	(46.69) 2:18.76 (51.36) 3:10.26 (51.50)	

**Event 10 Men 50-54 200 Yard Fly, Breast or Free**

---	Davis, Guy	50	Great Bay Masters-NE	DQ
	34.98	1:15.15	(40.17) 1:56.83 (41.68) DQ (40.13)	

**Event 10 Men 75-79 200 Yard Fly, Breast or Free**

1	Packard, Peter	76	Maine Masters Swim Club-ME	4:18.88
	54.69	1:58.14	(1:03.45) 3:09.40 (1:11.26) 4:18.88 (1:09.48)	

**Event 11 Women 45-49 50 Yard Butterfly**

1	Estabrook, Mary	47	Maine Masters Swim Club-ME	31.37
---	-----------------	----	----------------------------	-------

**Event 11 Women 55-59 50 Yard Butterfly**

1	Sherwood, Kelly	55	Maine Masters Swim Club-ME	47.54
---	-----------------	----	----------------------------	-------

**Event 11 Men 25-29 50 Yard Butterfly**

1	Nguyen, Son	29	Maine Masters Swim Club-ME	27.98
---	-------------	----	----------------------------	-------

**Event 11 Men 45-49 50 Yard Butterfly**

1	White, Darwin	45	Great Bay Masters-NE	29.26
2	Lin, Arthur	47	Maine Masters Swim Club-ME	40.38

**Event 12 Women 18-24 100 Yard Backstroke**

1	Von Zirpolo, Shannon	23	Great Bay Masters-NE	1:13.69
	36.31	1:13.69	(37.38)	

**Polar Bear Masters Spring Meet - 5/16/2009****Results****Event 12 Women 45-49 100 Yard Backstroke**

1	Torrey, Pam	47	Maine Masters Swim Club-ME	1:12.06
	35.09	1:12.06	(36.97)	

**Event 12 Women 70-74 100 Yard Backstroke**

1	Ambrose, Petey	71	Maine Masters Swim Club-ME	1:55.97
	57.79	1:55.97	(58.18)	

**Event 12 Men 35-39 100 Yard Backstroke**

1	Sprenger, Kurt	39	Shenandoah-VA	58.95
	28.45	58.95	(30.50)	

**Event 12 Men 45-49 100 Yard Backstroke**

1	Karb, Tom	48	North Bay Aquatics-PC	1:01.66
	30.39	1:01.66	(31.27)	

**Event 12 Men 55-59 100 Yard Backstroke**

1	Bright, Dave	56	New England Masters-NE	1:10.08
	34.28	1:10.08	(35.80)	

**Event 13 Women 60-64 1650 Yard Freestyle**

1	Panayotoff, Kristina	60	Maine Masters Swim Club-ME	30:41.20
	47.62	1:41.19	(53.57)	2:36.20 (55.01)
				3:31.14 (54.94)
	4:26.58 (55.44)	5:21.46 (54.88)	6:16.37 (54.91)	7:11.30 (54.93)
	8:06.86 (55.56)	9:03.08 (56.22)	9:59.16 (56.08)	10:56.84 (57.68)
	11:53.88 (57.04)	12:50.47 (56.59)	13:46.03 (55.56)	14:42.89 (56.86)
	15:39.28 (56.39)	16:36.17 (56.89)	17:32.50 (56.33)	18:28.04 (55.54)
	19:24.44 (56.40)	20:21.05 (56.61)	21:17.99 (56.94)	22:14.35 (56.36)
	23:10.35 (56.00)	24:07.51 (57.16)	25:03.64 (56.13)	25:59.49 (55.85)
	26:55.49 (56.00)	27:52.39 (56.90)	28:49.18 (56.79)	29:45.28 (56.10)
				30:41.20 (55.92)

**Event 13 Women 75-79 1650 Yard Freestyle**

1	Kamphausen, Ronnie	75	Maine Masters Swim Club-ME	26:53.24
	44.11	1:31.42	(47.31)	2:19.42 (48.00)
				3:07.55 (48.13)
	3:56.65 (49.10)	4:45.87 (49.22)	5:34.63 (48.76)	6:23.45 (48.82)
	7:12.52 (49.07)	8:01.91 (49.39)	8:52.03 (50.12)	9:40.84 (48.81)
	10:30.47 (49.63)	11:19.36 (48.89)	12:08.11 (48.75)	12:57.85 (49.74)
	13:47.04 (49.19)	14:36.53 (49.49)	15:26.97 (50.44)	16:15.70 (48.73)
	17:04.87 (49.17)	17:54.64 (49.77)	18:43.86 (49.22)	19:33.39 (49.53)
	20:22.79 (49.40)	21:12.04 (49.25)	22:01.29 (49.25)	22:50.48 (49.19)
	23:40.22 (49.74)	24:29.25 (49.03)	25:17.54 (48.29)	26:06.36 (48.82)
				26:53.24 (46.88)

**Event 13 Men 25-29 1650 Yard Freestyle**

1	Nguyen, Son	29	Maine Masters Swim Club-ME	22:31.24
	38.73	1:17.26	(38.53)	1:57.46 (40.20)
				2:37.44 (39.98)
	3:16.97 (39.53)	3:57.54 (40.57)	4:39.16 (41.62)	5:20.38 (41.22)
	6:01.68 (41.30)	6:42.79 (41.11)	7:24.26 (41.47)	8:06.04 (41.78)
	8:47.91 (41.87)	9:29.84 (41.93)	10:11.74 (41.90)	10:53.03 (41.29)
	11:34.79 (41.76)	12:16.55 (41.76)	12:57.98 (41.43)	13:39.19 (41.21)
	14:21.14 (41.95)	15:03.59 (42.45)	15:45.49 (41.90)	16:26.81 (41.32)
	17:08.81 (42.00)	17:50.82 (42.01)	18:32.76 (41.94)	19:13.72 (40.96)
	19:54.88 (41.16)	20:35.91 (41.03)	21:16.02 (40.11)	21:54.88 (38.86)
				22:31.24 (36.36)

**Polar Bear Masters Spring Meet - 5/16/2009****Results****Event 13 Men 40-44 1650 Yard Freestyle**

1	Manhart, Sam	40	Maine Masters Swim Club-ME		17:58.33
	28.48	59.85 (31.37)	1:32.66 (32.81)	2:05.61 (32.95)	
	2:39.05 (33.44)	3:12.12 (33.07)	3:45.32 (33.20)	4:18.29 (32.97)	
	4:51.74 (33.45)	5:25.09 (33.35)	5:58.32 (33.23)	6:31.37 (33.05)	
	7:04.54 (33.17)	7:37.70 (33.16)	8:10.91 (33.21)	8:43.75 (32.84)	
	9:16.93 (33.18)	9:50.22 (33.29)	10:23.55 (33.33)	10:56.24 (32.69)	
	11:29.34 (33.10)	12:02.47 (33.13)	12:35.51 (33.04)	13:08.59 (33.08)	
	13:41.44 (32.85)	14:14.11 (32.67)	14:46.96 (32.85)	15:19.79 (32.83)	
	15:53.16 (33.37)	16:25.24 (32.08)	16:57.46 (32.22)	17:29.03 (31.57)	17:58.33 (29.30)

**Event 13 Men 50-54 1650 Yard Freestyle**

1	Davis, Guy	50	Great Bay Masters-NE		18:52.70
	29.87	1:03.24 (33.37)	1:37.20 (33.96)	2:11.18 (33.98)	
	2:45.51 (34.33)	3:19.90 (34.39)	3:53.94 (34.04)	4:28.19 (34.25)	
	5:02.14 (33.95)	5:36.22 (34.08)	6:10.49 (34.27)	6:45.14 (34.65)	
	7:19.34 (34.20)	7:54.18 (34.84)	8:28.87 (34.69)	9:03.58 (34.71)	
	9:38.18 (34.60)	10:12.59 (34.41)	10:47.44 (34.85)	11:22.41 (34.97)	
	11:57.09 (34.68)	12:32.00 (34.91)	13:06.86 (34.86)	13:41.38 (34.52)	
	14:16.00 (34.62)	14:50.64 (34.64)	15:25.56 (34.92)	16:00.40 (34.84)	
	16:35.30 (34.90)	17:10.20 (34.90)	17:44.99 (34.79)	18:19.74 (34.75)	18:52.70 (32.96)